



PARG RESEARCH DISCUSSION SESSION

When

Thursday,
May 28, 2026 12h00-13h00 EST

Where

Zoom <https://carleton-ca.zoom.us/j/91824383323>
(contact: parg@sprott.carleton.ca)

Food Banks Finances in Canada

Farnaz Zaredorahi, Carleton University

François Brouard, Carleton University

Manuel Litalien, Nipissing University

ABSTRACT

The presentation summarizes our study of the financial information of selected food banks and registered charities across major Canadian cities and provinces, including their national and provincial associations. This mapping exercise provides an overview of the food bank ecosystem in Canada and aims to deepen understanding of the philanthropic sector that supports it. The study is organized into twelve research notes. The first outlines the broader context of poverty, food insecurity, and the role of food banks. The second focuses on Food Banks Canada, the national association. The remaining notes present key financial and organizational data for food banks across the ten provinces, with the presentation highlighting the most important findings. The presentation highlights the most important findings, with particular emphasis on financial dimensions, and examines several noteworthy methodological considerations.

ABOUT THE PRESENTERS

Farnaz Zaredorahi, is a PhD candidate in the Sprott School of Business, Carleton University.

François Brouard, DBA, FCPA, FCA is a Full professor in the Sprott School of Business, Carleton University.

Manuel Litalien, PhD is an Associate professor in the Department of Social Welfare and Social Development, Nipissing University.

The complete report of the study:

Brouard, F., Litalien, M., Zaredorahi, F. (2025). *Food Banks Finances in Canada*, Research Paper, Philab / Carleton University / Nipissing University, September, 357p.

<https://carleton.ca/profbrouard/wp-content/uploads/PhilabResearchPaperFoodBanksFinancesCanada202509.pdf>

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